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Mohammad Reza Vafa, Professor of Nutritional Sciences

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Education

Nov 1996 – Sep 2003 **Shahid Beheshti University of Medical Sciences**
PhD, Nutritional Epidemiology
Tehrān, Iran

Thesis

Research Experience

Sep 2014 – Sep 2014 **Professor (Full)**
Iran University of Medical Sciences, Nutrition
Tehran, Iran

Sep 2011 – present **Associate Prof**
Tehran University of Medical Sciences, School of Public Health (SPH)
Tehran, Iran

Mar 2005 – Sep 2011 **Assistant Professor**
Iran University of Medical Science, Nutrition
Tehran, Iran

Jul 2004 – Dec 2004 **Research Director**
National Nutrition and Food Technology Research Institute of Iran, Deputy of
Research
Tehrān, Iran

Statistics

<i>RG Score</i>	30.55
<i>Publications</i>	65
<i>Total Impact Points</i>	126.8
<i>Reads</i>	3,263
<i>Citations</i>	444

Awards & Grants

Skills & Activities

Skills Obesity, Nutrition, Diabetes, Disease Prevention, Nutritional Medicine, Nutritional Epidemiology, Cellular Nutrition, Northern analysis, Physical Activity, Insulin, Lipids, Body Composition, Vitamin D, Lipoproteins, Clinical Trials, Sarcopenia, Nutritional Assessment, Satiety Response, Diet, Osteoporosis, Diet Therapy, Antioxidant Activity, Polyunsaturated Fatty Acids , Cholesterol, Triglycerides, Diabetes Mellitus, Oxidative Stress, Insulin Resistance, Metabolism, Lipid Metabolism, Fat, Phytochemicals, Metabolic Diseases, Glucose Metabolism, Abdominal Obesity, Energy Metabolism, Atherosclerosis, Animal Models, Nutritional Status, Malondialdehyde, MDA, Reactive Oxygen Species, Oxidative Stress Biomarkers, Urbanism, Spinal Cord Injury, Meta-Analysis, Normalization, Anthropometry, Carbohydrate Metabolism, Asthma, Thyroid, Clinical Nutrition, Iron

Languages

Scientific Memberships Iranian Nutrition Society

Interests

Publication Highlights

[authors]: [title]. [details]

Books

Book Chapters

Journal Publications

Mona Mohseni, Mohammadreza Vafa, Mitra Zarrati, Farzad Shidfar, Seyed Javad Hajimiresmail, Abbas Rahimi Forushani: *Beneficial Effects of Coenzyme Q10 Supplementation on Lipid Profile and Intereukin-6*

and Intercellular Adhesion Molecule-1 Reduction, Preliminary Results of a Double-blind Trial in Acute Myocardial Infarction. International journal of preventive medicine 09/2015; 6(1):73.
DOI:10.4103/2008-7802.162461

Atefeh Tahavorgar, Mohammadreza Vafa, Farzad Shidfar, Mahmoodreza Gohari, Iraj Heydari: *Beneficial Effects of Whey Protein Preloads on some Cardiovascular Diseases Risk Factors of Overweight and Obese Men are Stronger than Soy Protein Preloads – A Randomized Clinical Trial.* 09/2015;
DOI:10.1016/j.jnim.2015.08.002

Farzad Shidfar, Samira Amani, Mohammadreza Vafa, Ramin Shekarriz, Sharieh Hosseini, Shahrzad Shidfar, Mohammadreza Eshraghian, Seyedeh, Neda Mousavi: *Effects of Iron Supplementation With and Without Docosahexaenoic Acid on the Cardiovascular Disease Risk Based on Paraoxonase-1, hs-CRP, and ApoB/ApoA-I Ratio in Women with Iron Deficiency Anemia.* *Biological Trace Element Research* 06/2015; DOI:10.1007/s12011-015-0383-7

Mahdieh Hosseinzadeh, Mohammadreza Vafa, Ahmad Esmailzadeh, Awat Feizi, Reza Majdzadeh, Hamidreza Afshar, Ammar Hassanzadeh Keshteli, Peyman Adibi: *Empirically derived dietary patterns in relation to psychological disorders.* *Public Health Nutrition* 06/2015;
DOI:10.1017/S136898001500172X

Mohammad Reza Vafa: *The Impact of Infancy Antibiotic Intake on Childhood Obesity; Review of Studies.* 03/2015; 2(2). DOI:10.15406/aowmc.2015.02.00014

Fatemehsadat Amiri, Mohammadreza Vafa, Linda Gonder-Frederick: *Glycemic Control, Self-Efficacy and Fear of Hypoglycemia Among Iranian Children with Type 1 Diabetes.* 03/2015; 39(4).
DOI:10.1016/j.jcjd.2014.12.011

Salma Mahmoodianfard, Mohammadreza Vafa, Fatemeh Golgiri, Mohsen Khoshniat, Mahmoodreza Gohari, Zahra Solati, Mahmood Djalali: *Effects of Zinc and Selenium Supplementation on Thyroid Function in Overweight and Obese Hypothyroid Female Patients: A Randomized Double-Blind Controlled Trial.* *Journal of the American College of Nutrition* 03/2015; DOI:10.1080/07315724.2014.926161

Vafa M, Heshmati J, Sadeghi H, Shidfar F, Namazi N, Baradaran H, Heydarpour B, Jalili Z.: *Is exclusive breastfeeding and its duration related to cardio respiratory fitness in childhood?.*

Seyedrezazadeh E, Kolahian S, Shahbazfar AA, Ansarin K, Pour Moghaddam M, Sakhinia M, Sakhinia E, Vafa M.: *Effects of the Flavanone combination Hesperetin-Naringenin, and Orange and Grapefruit Juices, on Airway inflammation and Remodeling in a murine asthma model..* *Phytotherapy Research* 01/2015; 10.1002/ptr.5292.

Ensiyeh Seyedrezazadeh, Saeed Kolahian, Amir- Ali Shahbazfar, Khalil Ansarin, Masoud Pour Moghaddam, Masoud Sakhinia, Ebrahim Sakhinia, Mohammadreza Vafa: *Effects of the Flavanone combination Hesperetin-Naringenin, and Orange and Grapefruit Juices, on Airway inflammation and Remodeling in a murine asthma model.* *Phytotherapy Research* 01/2015; 29(4). DOI:10.1002/ptr.5292

Mohammad Reza Vafa: *Effects of Blackberry (Morus nigra L.) Consumption on Serum Concentration of Lipoproteins, Apo A-I, Apo B and Hs – CRP and Blood Pressure in Dyslipidemic Patients.* *Journal of research in medical sciences* 01/2015; Vol 20,(No 7).

- Mohammad Reza Vafa: *Effect of tocotrienols enriched canola oil on glycemic control and oxidative status in patients with type 2 diabetes mellitus: A randomized double-blind placebo-controlled clinical trial*. Journal of research in medical sciences 01/2015;
- Mohammadreza Vafa, Javad Heshmati, Farzad Shidfar, Hamidreza Baradaran, Behzad Heidarpour: GW25-e2435 *The relationship between breastfeeding and cardiovascular fitness in 7 to 8 years old children*. Journal of the American College of Cardiology 10/2014; 64(16):C109. DOI:10.1016/j.jacc.2014.06.506
- Mona Mohseni, Mohamad Reza Vafa, Seyed Javad Hajimiresmail, Mitra Zarrati, Abbas Rahimi Forushani, Vida Bitarafan, Farzad Shidfar: *Effects of Coenzyme Q10 Supplementation on Serum Lipoproteins, Plasma Fibrinogen, and Blood Pressure in Patients With Hyperlipidemia and Myocardial Infarction*. 10/2014; 16(10):e16433. DOI:10.5812/ircmj.16433
- Atefeh Tahavorgar, Mohammadreza Vafa, Farzad Shidfar, Mahmoodreza Gohari, Iraj Heydari: *Whey protein preloads are more beneficial than soy protein preloads in regulating appetite, calorie intake, anthropometry, and body composition of overweight and obese men*. Nutrition Research 09/2014; 34(10). DOI:10.1016/j.nutres.2014.08.015
- Abbas Norouzi Javidan, Hadis Sabour, Sahar Latifi, Mohammadreza Vafa, Farzad Shidfar, Zahra Khazaeipour, Fatemeh Shahbazi, Abbas Rahimi, Seyed-Hassan Emami Razavi: *Calcium and vitamin D plasma concentration and nutritional intake status in patients with chronic spinal cord injury: A referral center report*. Journal of research in medical sciences 09/2014; 19(9):881-4.
- Hadis Sabour, Norouzi Javidan, Sahar Latifi, Reza Hadian, Seyed-Hassan Emami, Farzad Shidfar, Mohammad Reza Vafa, Hamidreza Aghaei Meybodi: *Is Lipid Profile Associated with Bone Mineral Density and Bone Formation in Subjects with Spinal Cord Injury?*. Journal of Osteoporosis 08/2014; 2014. DOI:10.1155/2014/695014
- Hadis Sabour, Abbas Norouzi Javidan, Sahar Latifi, Farzad Shidfar, Ramin Heshmat, Seyed-Hassan Emami Razavi, Mohammad Reza Vafa, Bagher Larijani: *Omega-3 fatty acids' effect on leptin and adiponectin concentrations in patients with spinal cord injury: A double-blinded randomized clinical trial*. The journal of spinal cord medicine 08/2014; 38(5). DOI:10.1179/2045772314Y.0000000251
- Ensiyeh Seyedrezazadeh, Masoud Pour Moghaddam, Khalil Ansarin, Mohammad Reza Vafa, Sangita Sharma, Fariba Kolahdooz: *Fruit and vegetable intake and risk of wheezing and asthma: A systematic review and meta-analysis*. Nutrition Reviews 06/2014; 72(7). DOI:10.1111/nure.12121
- Hadis Sabour, Abbas Norouzi Javidan, Sahar Latifi, Farzad Shidfar, Mohammad Reza Vafa, Seyed-Hassan Emami Razavi, Bagher Larijani, Ramin Heshmat: *Relationship between leptin and adiponectin concentrations in plasma and femoral and spinal bone mineral density in spinal cord-injured individuals*. The spine journal: official journal of the North American Spine Society 06/2014; 15(1). DOI:10.1016/j.spinee.2014.06.009
- Neda Haghghat, Mohammadreza Vafa, Shahryar Eghtesadi, Iraj Heidari, Aghafatemeh Hosseini, Ali Rostami: *The Effect of Tocotrienols Added to Canola Oil on Microalbuminuria, Inflammation and Nitrosative Stress in Patients With Type 2 Diabetes: A Randomized, Double-Blind, Placebo-Controlled Trial*. International journal of preventive medicine 05/2014; 5(5):617-23. DOI:10.1016/j.jacc.2013.08.648
- Abbas Norouzi Javidan, Hadis Sabour, Sahar Latifi, Farzad Shidfar, Mohammad Reza Vafa, Ramin Heshmat, Hasan Emami Razavi, Bagher Larijani, Hamidreza Aghaei Meybodi: *Evaluation of bone*

mineral loss in patients with chronic traumatic spinal cord injury in Iran. The journal of spinal cord medicine 01/2014; 37(6). DOI:10.1179/2045772313Y.0000000192

Sanaz Tavasoli, Amir Hassan Zarnani, Mohamadreza Vafa, Maziar Moradi-Lakeh, Hamidreza Pazoki-Toroudi, Shahryar Eghtesadi: *The Effect of Pomegranate Extract on Survival and Peritoneal Bacterial Load in Cecal Ligation and Perforation Model of Sepsis in Rats.* International journal of preventive medicine 01/2014; 5(1):104-109.

Delaram Ghodsi, Shahryar Eghtesadi, Mohammad Khalili, Bahram Rashidkhani, Shima Jazayeri, Farzad Shidfar, Mohammadreza Vafa, Maryam Shirinzadeh, Sima ghorabi: *Major Dietary patterns and related factors among workers of Oil Terminal Company in Kharg Island, Iran.*

Mohammad Reza Vafa: *Effects of CoQ10 Supplementation on Serum Lipoproteins, Plasma Fibrinogen and Blood Pressure in hyperlipidemic patients with Myocardial Infarction.*

Ateke Mousavi, Mohammadreza Vafa, Tirang Neyestani, Mohammadebrahim Khamseh, Fatemeh Hoseini: *The effects of green tea consumption on metabolic and anthropometric indices in patients with Type 2 diabetes.* Journal of research in medical sciences 12/2013; 18(12):1080-6.

Farzad Shidfar, Mona Mohseni, Mohammadreza Vafa, Seyedjavad Hajimiresmail, Abbas Rahimi: *PM308 EffectsOf Coq10 Supplementation On Serum Lipoprotein, Il-6, Icam-1 And Plasma Fibrinogen In Hyperlipidemic Patients With Myocard Infarctionqqaa.* Journal of the American College of Cardiology 10/2013; 62(18). DOI:10.1016/j.jacc.2013.08.520

Hadis Sabour, Abbas Norouzi Javidan, Sahar Latifi, Bagher Larijani, Farzad Shidfar, Mohammad Reza Vafa, Ramin Heshmat, Hassan Emami Razavi: *Bone biomarkers in patients with chronic traumatic spinal cord injury.* The spine journal: official journal of the North American Spine Society 10/2013; 14(7). DOI:10.1016/j.spinee.2013.07.475

Fatemehsadat Amiri, Amir-Hassan Zarnani, Hamid Zand, Fariba Koohdani, Mahmood Jeddi-Tehrani, Mohammadreza Vafa: *Synergistic anti-proliferative effect of resveratrol and etoposide on human hepatocellular and colon cancer cell lines.* European journal of pharmacology 09/2013; 718(1-3). DOI:10.1016/j.ejphar.2013.09.020

Fatemeh Azizi-Soleiman, Shima Jazayeri, Shahryar Eghtesadi, Asadollah Rajab, Iraj Heidari, Mohammad R Vafa, Mahmood R Gohari: *Effects of Pure Eicosapentaenoic and Docosahexaenoic Acids on Oxidative Stress, Inflammation and Body Fat Mass in Patients with Type 2 Diabetes.* International journal of preventive medicine 08/2013; 4(8):922-8.

Hadis Sabour, Abbas Norouzi Javidan, Neda Ranjbarnovin, Mohammad Reza Vafa, Zahra Khazaeipour, Firoozeh Ghaderi, Fatemeh Khanzadeh Mehrabani, Farzad Shidfar: *Cardiometabolic risk factors in Iranians with spinal cord injury: Analysis by injury-related variables.* The Journal of Rehabilitation Research and Development 08/2013; 50(5):635-42. DOI:10.1682/JRRD.2012.01.0020

A Salehpour, F Shidfar, F Hosseinpanah, M Vafa, M Razaghi, F Amiri: *Does vitamin D3 supplementation improve glucose homeostasis in overweight or obese women? A double-blind, randomized, placebo-controlled clinical trial.* Diabetic Medicine 07/2013; 30(12). DOI:10.1111/dme.12273

Ensiyeh Seyed Rezazadeh, Mohammad Reza Vafa, Fariba Kolahdooz, Hamideh Koosha, Fathollah Poorali, Fariba Mahmoodpour, Fariba Bakhshiyar, Mohammad Saleh Al - e Molana, Mahboobeh

Shaneshin, Saeedeh Vaseti: *Comparison of effectiveness of two education programs about improvement of edible oil consumption.*

Nazanin Moslehi, Mohammadreza Vafa, Javad Sarrafzadeh, Abbas Rahimi-Foroushani: *Does Magnesium Supplementation Improve Body Composition and Muscle Strength in Middle-Aged Overweight Women? A Double-Blind, Placebo-Controlled, Randomized Clinical Trial..* Biological trace element research 04/2013; 153(1-3). DOI:10.1007/s12011-013-9672-1

A Nadjarzadeh, F Shidfar, N Amirjannati, M R Vafa, SA Motevalian, M R Gohari, S. A. Nazeri Kakhki, M M Akhondi, M R Sadeghi: *Effect of Coenzyme Q10 supplementation on antioxidant enzymes activity and oxidative stress of seminal plasma: A double-blind randomised clinical trial.* Andrologia 01/2013; 46(2). DOI:10.1111/and.12062

Mohammadreza Vafa: *Glycemic Control, Self-Efficacy and Fear of Hypoglycemia among Iranian Children with Type 1 Diabetes.*

Saeedi Pouya, Mohd Taib Mohd Nasir, Abu Saad Hazizi, Mohammad Reza Vafa, Abbas Rahimi Foroushani: *Nutritional supplement use among fitness club participants in Tehran, Iran.* Appetite 09/2012; 60(1). DOI:10.1016/j.appet.2012.09.011

Mohammadreza Vafa, Nazanin Moslehi, Shirin Afshari, Aghafatemeh Hossini, Mohammadreza Eshraghian: *Relationship between Breastfeeding and Obesity in Childhood.* Journal of Health Population and Nutrition 09/2012; 30(3):303-10. DOI:10.3329/jhpn.v30i3.12293

Mohammadreza Vafa, Farhad Mohammadi, Farzad Shidfar, Mohammadhossein Salehi Sormaghi, Iraj Heidari, Banafshe Golestan, Fatemehsadat Amiri: *Effects of Cinnamon Consumption on Glycemic Status, Lipid Profile and Body Composition in Type 2 Diabetic Patients.* International journal of preventive medicine 08/2012; 3(8):531-6.

Atoosa Saidpour, Masoud Kimiagar, Saleh Zahediasl, Asghar Ghasemi, Mohamadreza Vafa, Alireza Abadi, Maryamsadat Daneshpour, Maryam Zarkesh: *The modifying effects of fish oil on fasting ghrelin mRNA expression in weaned rats.* Gene 07/2012; 507(1):44-9. DOI:10.1016/j.gene.2012.07.015

Nazanin Moslehi, Mohammadreza Vafa, Abbas Rahimi-Foroushani, Banafsheh Golestan: *Effects of oral magnesium supplementation on inflammatory markers in middle-aged overweight women.* Journal of research in medical sciences 07/2012; 17(7):607-614.

Hadis Sabour, Bagher Larijani, Mohammad Reza Vafa, Mohammad Reza Hadian, Ramin Heshmat, Hamidreza Aghaei Meybodi, Hasan Emami Razavi, Abbas Norouzia Javidan, Farzad Shidfar: *The effects of n-3 fatty acids on inflammatory cytokines in osteoporotic spinal cord injured patients: A randomized clinical trial.* Journal of research in medical sciences 04/2012; 17(4):322-7.

Amin Salehpour, Farzad Shidfar, Farhad Hosseinpanah, Mohammadreza Vafa, Maryam Razaghi, Anahita Hoshiarrad, Mahmoodreza Gohari: *Vitamin D3 and the risk of CVD in overweight and obese women: A randomised controlled trial.* The British journal of nutrition 02/2012; 108(10):1-8. DOI:10.1017/S0007114512000098

Hadis Sabour, Abbas Noroozi Javidan, Mohammad Reza Vafa, Farzad Shidfar, Maryam Nazari, Hooshang Saberi, Abbas Rahimi, Hasan Emami Razavi: *Sabour H, Javidan AN, Vafa MR, Shidfar F, Nazari M, Saberi H, et al. Calorie and macronutrients intake in people with spinal cord injuries: an analysis*

by sex and injury-related variables. *Nutrition*. Nutrition 08/2011; 28(2):143-7.
DOI:10.1016/j.nut.2011.04.007

Atoosa Saidpour, Saleh Zahediasl, Masoud Kimiagar, Mohamadreza Vafa, Asghar Ghasemi, Alireza Abadi, Maryam Sadat Daneshpour, Maryam Zarkesh: *Fish oil and olive oil can modify insulin resistance and plasma desacyl-ghrelin in rats*. *Journal of research in medical sciences* 07/2011; 16(7):862-71.

Mohammad Reza Vafa, Elham Haghighatjoo, Farzad Shidfar, Shirin Afshari, Mahmood Reza Gohari, Amir Ziaee: *Effects of Apple Consumption on Lipid Profile of Hyperlipidemic and Overweight Men*. *International journal of preventive medicine* 04/2011; 2(2):94-100.

Hadis Sabour, Abbas Noroozi Javidan, Mohammad Reza Vafa, Farzad Shidfar, Maryam Nazari, Hooshang Saberi, Abbas Rahimi, Hasan Emami Razavi: *Obesity predictors in people with chronic spinal cord injury: An analysis by injury related variables*. *Journal of research in medical sciences* 03/2011; 16(3):335-9.

A Nadjarzadeh, M R Sadeghi, N Amirjannati, M R Vafa, SA Motevalian, M R Gohari, MA Akhondi, P Yavari, F Shidfar: *Coenzyme Q10 improves seminal oxidative defense but does not affect on semen parameters in idiopathic oligoasthenozoospermia: a randomized double-blind, placebo Controlled Trial*. *Journal of endocrinological investigation* 03/2011; 34(8):e224-8. DOI:10.3275/7572

A Saidpour, M Kimiagar, S Zahediasl, MR Vafa, A Ghasemi, AR Abadi, M Daneshpour, M Zarkes: *Effects of high-fat diets based on butter or soybean, olive or fish oil on insulin resistance and plasma desacyl-ghrelin in rats*.

Farzad Shidfar, Neda Froghifar, Mohammadreza Vafa, Asadolah Rajab, Sharieh Hosseini, Shahrzad Shidfar, Mahmoodreza Gohari: *The effects of tomato consumption on serum glucose, apolipoprotein B, apolipoprotein A-I, homocysteine and blood pressure in type 2 diabetic patients*. *International Journal of Food Sciences and Nutrition* 12/2010; 62(3):289-94. DOI:10.3109/09637486.2010.529072

Roya Sherafat-Kazemzadeh, Shahryar Egtesadi, Parvin Mirmiran, Mahmood Gohari, Sara Jalali Farahani, Firoozeh Hosseini Esfahani, Mohammad Reza Vafa, Mehdi Hedayati, Fereidoun Azizi: *Dietary patterns by reduced rank regression predicting changes in obesity indices in a cohort study: Tehran Lipid and Glucose Study*. *Asia Pacific Journal of Clinical Nutrition* 03/2010; 19(1):22-32.

Farzad Shidfar, Mahshid Aghasi, Mohammadreza Vafa, Iraj Heydari, Sharieh Hosseini, Shahrzad Shidfar: *Effects of combination of zinc and vitamin A supplementation on serum fasting blood sugar, insulin, apoprotein B and apoprotein A-I in patients with type I diabetes*. *International Journal of Food Sciences and Nutrition* 03/2010; 61(2):182-91. DOI:10.3109/09637480903334171

Nourmohammadi I, Athari-Nikazm S, Vafa M.R, Bidari A, Jazayeri S, Hoshyarrad A, Hoseini F, Fasihi-Radmandi M: *Effects of Antioxidant Supplementations on Oxidative Stress in Rheumatoid Arthritis Patients*. *Journal of Biological Sciences* 01/2010; 10. DOI:10.3923/jbs.2010.63.66

Vafa M.R, Karandish M, Mosavi S.M, Alizadeh M, Salehi M.H, Maddah M: *Evaluation of Urinary Riboflavin Levels of Primary School Children in Rafsanjan, Iran*. *Journal of Biological Sciences* 04/2009; 9(4). DOI:10.3923/jbs.2009.389.391

Mohsen Maddah, Arash Rashidi, Behnoush Mohammadpour, Reza Vafa, Majid Karandish: *In-school Snacking, Breakfast Consumption, and Sleeping Patterns of Normal and Overweight Iranian High School*

Girls: A Study in Urban and Rural Areas in Guilan, Iran. Journal of nutrition education and behavior 01/2009; 41(1):27-31. DOI:10.1016/j.jneb.2008.03.115

Arash Rashidi^{1*}, Behnoush Mohammadpour-Ahramjani, Majid Karandish, Mohammad-Reza Vafa, Majid Hajifaraji, Farzaneh Ansari, Shima Sadeghi, Mohsen Maddah, Nasser Kalantari⁶ Mohammad-Bagher Akhavi-Rad: *Obese and female adolescents skip breakfast more than their non-obese and male peers.*

M Maddah, M Karandish, B Mohammadpour-Ahramjani, T R Neyestani, R Vafa, A Rashidi: *Social factors and pregnancy weight gain in relation to infant birth weight: A study in public health centers in Rasht, Iran.* European Journal of Clinical Nutrition 10/2005; 59(10):1208-12. DOI:10.1038/sj.ejcn.1602239

A Rashidi, B Mohammadpour-Ahramjani, M R Vafa, M Karandish: *Prevalence of obesity in Iran.* Obesity Reviews 08/2005; 6(3):191-2. DOI:10.1111/j.1467-789X.2005.00174.x

Mitchell D Knutson, Mohammad R Vafa, David J Haile, Marianne Wessling-Resnick: *Iron loading and erythrophagocytosis increase ferroportin 1 (FPN1) expression in J774 macrophages.* Blood 01/2004; 102(12):4191-7. DOI:10.1182/blood-2003-04-1250

Patents

Conference Proceedings

H. Sabour, A. Norouzi, F. Shidfar, M. R. Vafa: *The effects of n-3 fatty acids on inflammatory cytokines in osteoporotic spinal cord injured patients: A randomized clinical trial.* 39th Annual Congress of the European-Calcified-Tissue-Society (ECTS); 05/2012

H. Sabour, A. Norouzi, F. Shidfar, M. R. Vafa: *The effects of n-3 fatty acids on bone markers in osteoporotic spinal cord injured patients.* 39th Annual Congress of the European-Calcified-Tissue-Society (ECTS); 05/2012

Technical Reports