

Majid Karandish, Professor, Ph.D. Nutritional Sciences

CURRENT ADDRESS:

Department of Nutrition,
Paramedical School,
Ahvaz Jundishapur University of Medical Sciences
Ahvaz, 61357
Iran

Tel: +98 611 3738253
Fax: +98 611 3738330
E-mail: mkarandish@yahoo.com

EDUCATION:

1986-90 B.Sc. (Nutritional Sciences), Shahid Beheshti University of Medical Sciences.
1990-93 M.Sc. (Nutritional Sciences), Shahid Beheshti University of Medical Sciences.
1997-2003 Ph.D. (Nutritional Sciences), Tehran University of Medical Sciences.

***PUBLISHED ARTICLES 2010-2015:**

In English Language:

- 1) Weight management effects of a mixture of conjugated linoleic acid and L-carnitine in diet induced obese rats. *British Journal of Medicine and Medical Research*. Accepted, in press.
- 2) Food addiction is more prevalent in women with metabolic syndrome. *International Journal of Psychology and Cognitive Science*. 2015;1(1): 1-6.
- 3) The effect of vitamin K1 supplementation on sensitivity and insulin resistance via osteocalcin in prediabetic women: a double-blind randomized controlled clinical trial. *Eur J Clin Nutr*. 2015 Mar 18. doi: 10.1038/ejcn.2015.17.
- 4) A fuzzy logic decision support system for assessing clinical nutritional risk. *Journal of Health Management & Informatics*. 2015;2(2):34-40.
- 5) Phylloquinone supplementation improves glycemic status independent of the effects of adiponectin levels in premenopausal women with prediabetes: a double-blind randomized controlled clinical trial. *Journal of Diabetes & Metabolic Disorders*. (2015) 14:1.
- 6) A randomized clinical trial of nutrition education for improvement of diet quality and inflammation in Iranian obese women. *J Nutr Metab*. 2014;2014:605782.
- 7) Prevalence of metabolic syndrome and its correlated factors among children and adolescents of Ahvaz aged 10 – 19. *Journal of Diabetes & Metabolic Disorders*. 2014, 13:53.
- 8) Body Weight Changes during the Menstrual Cycle among University Students in Ahvaz, Iran. *Pakistan Journal of Biological Sciences*. 2014; 17(7): 915-9.
- 9) The relationship between egg consumption during pregnancy and risk of gestational diabetes mellitus. *Jentashapir J Health Res*, 2014; 5(1): 437-43.
- 10) The effect of magnesium supplementation and weight loss on liver enzymes in patients with nonalcoholic fatty liver disease. *Journal of Research in Medical Sciences*. 2013; 18(7): 572-8.

- 11) Effect of daidzein-low-calorie diet on body weight, serum levels of glucose, resistin, and high sensitive C-reactive protein in high fat, high calorie diet induced rats. *Saudi Med J.* 2012 Jan; 33(1):70-5.
- 12) Educational difference in the prevalence of osteoporosis in postmenopausal women: a study in northern Iran. *BMC Public Health.* 2011 Nov 3; 11(1):845.
- 13) Weight loss in women with metabolic syndrome. *International Journal of Cardiology.* 2011 Mar 17;147(3):464-5.
- 14) Very high prevalence of zinc deficiency among elderly hospitalized patients in Ahvaz, Iran. *Saudi Medical Journal* 2011 Mar;32(3):314-5.
- 15) Gender difference in obesity management among Iranian patients with metabolic syndrome. *International Journal of Cardiology* 2011 Apr 1;148(1):109-10.
- 16) Effect of calcium supplementation on lipid profile in overweight or obese Iranian women: a double-blind randomized clinical trial. *European Journal of Clinical Nutrition* (2009) 63, 268–272.
- 17) Calcium intake pattern among postmenopausal women in Ahvaz, Iran. *Journal of Biological Sciences,* 2010; 10(3): 251-254.
- 18) Effects of whey protein supplementation on hematological parameters in healthy young resistant male athletes. *Journal of Applied Sciences,* 2010; 10(11): 991-995.

In Persian Language:

- 1) The effect of alternate day fasting on weight, food intake and fasting blood glucose levels in rat. *Iranian Journal of Diabetes and Lipid Disorders.* 2014; 13 (3) :243-251.
- 2) Anthropometric Assessment and Some of Contributing Factors in Control of Phenylketonuria Patients in Khuzestan Province. *Jundishapur Scientific Medical Journal.* 2014; 13(1): 21-30.
- 3) Risk Factors of Growth Faltering among 3-36 Months Old Children in Ahwaz, Iran. *Journal of Kerman University of Medical Sciences.* 2013; 20(5): 481-491.
- 4) Correlation between Quality and Quantity of Dietary Carbohydrate and Obesity in a Group of Healthy Women from Ahvaz. *Journal of Fasa University of Medical Sciences.* 2013; 3(3): 230-234.
- 5) Contributing Factors of Treatment Drop-Out in Overweight or Obese Patients in Ahvaz. *Jentashapir Journal.* 2013; 4(2): 111-120.
- 6) Analysis of the Correlation between Glycemic Index (GI) and Glycemic Load (GL) of the Food Program and the Lipid Profile in a Group of Healthy Women from Ahvaz. *Journal of Fasa University of Medical Sciences.* 2011; 2 (1): 32-36.
- 7) Relationship between fish consumption and decreased breast cancer risk. *Scientific Medical Journal* 2010; 9(3): 307-314.

Revised: Oct. 09, 2015